

Walk A Mile In Her Shoes®



October is Domestic Violence Awareness Month



THERE IS AN OLD SAYING: "You can't really understand another person's experience until you've walked a mile in their shoes."

Walk a Mile in Her Shoes asks men to literally walk a 'mile' in a pair of women's shoes, to help raise awareness about domestic violence and raise funds for Henderson County's domestic violence shelter, Mainstay.

No Registration Fee!

We Provide The Shoes!

**Get Your Friends And Family
To Sponsor You And Walk!**

It's That Easy!! Sign Up Today

Online
www.mainstayhelp.org

Phone
Annie
693-3840



Date: Friday, October 8th

Time: Walk starts at 6:00 pm

Love  IS 
NOT violent

 JOIN US ON FACEBOOK